

Is there a doctor on board?

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In-Flight Medical emergency (IME)

Aeromed.

- Inform the cockpit, keep the communication between the cockpit and cabin (constant)
- Call (PA) for a doctor or medical staff
- Organize! -> start helping, keep communication, get kits/AED
- Assist and help the passenger and/or medical personnel

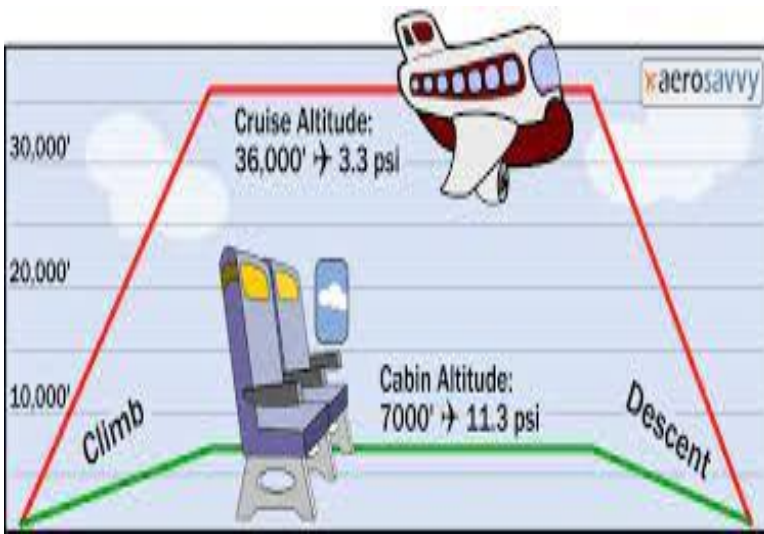
Most common medical conditions (resulting in an IME) *

- Syncope (33%)
- Gastrointestinal symptoms (15%)
- Respiratory symptoms (10%)
- Cardiovascular conditions (7%)
- Neurological conditions (5%)
- Trauma (5%)

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Airplane medical emergencies

- injury related or health related situations
 - ↓ cuts, burns
 - ↓ fainting, nose bleed – stroke, MI
- MEDIF/MEDA form – clearance to fly
- i.e. therapeutic oxygen - portable oxygen cylinders fitted with a regulator and a mask



6000-
8000
feet



Cca
2440m

List of First Aid kit contents*:

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- Antiseptic swabs (10/packs)
- Bandage adhesive strips
- Bandage, gauze 7.5 cm x 4.5 cm
- Bandage Triangular 100cm folded and safety pins
- Dressing, Burn 10 cm x 10 cm
- Dressing, compress, sterile 7.5 cm x 12 cm approximately
- Dressing, gauze, sterile 10.4 cm x 10.4 cm approximately
- Adhesive tape, 2.5 cm standard roll
- Skin closure strips
- Hand cleanser or cleaning towelettes
- Pad with shield or tape for eye
- Scissors, 10 cm (if permitted by applicable regulations)
- Adhesive tape, surgical 1.2 cm x 4.6 m
- Tweezers, splinter
- Disposable gloves (several pairs)
- Thermometer (non-mercury)
- Resuscitation mask with one-way valve
- First-aid manual (an operator may decide to have one manual per aircraft in an easily accessible location)
- Incident record form



- **Additional FAK (ADD KIT)** –over the counter medication, valve bag, basic delivery kit, eye irrigator, digital manometer, bags



*Aerospace Medical Association (AsMA), the International Academy of Aviation and Space Medicine (IAASM) and IATA

List of First Aid kit contents*:



omed.

- Bandages (assorted sizes , including a triangular bandage)
- Burns dressings (unspecified)
- Wound dressing (large and small)
- Adhesive dressings (assorted sizes)
- Adhesive tape
- Adhesive wound closures
- Safety pins
- Safety scissors
- Antiseptic wound cleaner
- Disposable resuscitation aid
- Disposable gloves
- Tweezers: splinter
- Thermometers (non-mercury)



- List of contents (2 languages)
- First aid handbook
- Basic life support instructions
- Medical incident report



- **Addition to FAK (part of/or ADD KIT) – AED, mask (3 sizes), valve bag, airway management device basic delivery kit, eye irrigator, digital manometer, bags**

oropharyngeal airways

nasopharyngeal airways

*

AMC1 CAT.IDE.A.220 First-aid kit

Over the counter medication (FAK or extra kit)



- Mild to moderate analgesic for adults and children
- Antiemetic
- Nasal decongestant
- Antacid
- Antihistaminic
- Antidiarrheal

Medication

No.	Min. Qty.	Quantities	Main active component	Group of indications
1	5 tab.	1 x 10 tab.	Paracetamol 500mg	Analgesic
2	5 tab.	1 x 10 tab.	Clemastin 1mg	Antiallergic
3	5 tab.	1 x 10 tab.	Dimenhydrinat	Antiemetic
4	5 tab.	1 x 6 cap.	Loperamid	Antidiarrhoea
5	5 tab.	1 x 10 chew. tab.	Algeldrat / Magnesiumhydroxid	Antacid
6	5 tab.	1 x 10 s. dose	Xylometazolin	Nasal decongestant

* NOTE: Before a medication is delivered to a passenger, the "Medication Delivery Form" shall always be filled and signed by the passenger.

*As per operator manual



TIBBİ OLAY FORMU

MEDICAL INCIDENT FORM

Doctor Kit No:		First Aid Kit No: 0348		Yaralanma (Injury)											
Tarih (date): 16.06.2017		Kalkış Yeri (departure): 013		Sıcak su yanığı / hot water burn		Kesik / cut		Çıkık / dislocation							
Uçuş no (flight no): 78-67		Varış Yeri (arrival): 157		Sıcak cisim yanığı / hot object burn		Kanama / bleeding		Kırık / fracture							
Çanta açılma sebebi: Yolcu için (for passenger) ☒		Ekip için (for crew) ☐		Yabancı cisim / foreign body		Sıyrık / abrasion		Morartı / bruising							
Uçakta doktor yardımı alındı mı? (assistance of on-board Dr?)		Yes ☐ Anons ☐ Smiling Doctors ☐		Çarpma / concussion		Burkulma / sprain		Ödem / swelling							
		No ☐		Bölgesi / body part		Diğer / other									
Hasta Bilgileri (Patient Information)				Kullanılan Tıbbi Ekipmanlar, Uygulanan Tedavi ve Sonuç (Used Medical Equipment, Treatment and Result)											
Adı-Soyadı (name- surname):		Cinsiyet (sex): M / F		Yaş (age): 66		Tansiyon Aleti (sphygmomanometer) ☒		Glukometre (glucometer) ☐		Termometre (thermometer) ☐		Laringoskop (laryngoscope) ☐			
		Doğum tarihi (birth day): 65 / 10 / 1956		Pulse Oksimetre (pulse-oximeter) ☒		Oksijen (oxygen) ☐		Defibrilatör (defibrillator) ☐		Diğer (other):					
E-mail: @		Tel: ()		KPR uygulandı mı? (CPR applied?) ☐		Süre (duration):									
Uygulama veya tedavinin yapılmasını kabul ediyorum (I accept all applications/treatments)				Kullanılan ilaçlar (drugs)		Dozu (dose)		Uygulama Yolu (PO-IM-IV-SC)		Uygulama Saati (time)					
İmza (signature):				DEFCAN		10 mg		PO				Utc.			
				DASSELTA		5 mg		PO				Utc.			
				CONTROLOC		10 gr		PO				Utc.			
Hastanın Tıbbi Öyküsü (Patient's Medical History)				Uygulanan Tedavi (treatments) / Açıklama (description):											
Daha önce bu problemi var mıydı? (had this problem before?)				HYPERTENSION											
İlaç tedavisi (medication)				DIAZEPAN											
Alerji (allergies)															
Gebelik (currently pregnant)				Gebelik haftası (months?):											
Belirti ve Bulgular (Symptoms & Signs)															
Baş ağrısı / headache		İshal / diarrhoea		Nefes darlığı / breathless											
Karın ağrısı / stomachache		Ateş / fever		Öksürük / cough											
Diş ağrısı / toothache		Baş dönmesi / dizziness		Halsizlik / faint											
Boğaz ağrısı / sore throat		Bayılma / faint		Anksiyete / anxiety											
Boyun ağrısı / neck pain		Çarpıntı / palpitation		Agresiflik / aggressiveness											
Terleme / sweating		Burun tıkanıklığı / stuffiness		Kusma / vomiting											
Bulantı / nausea		Döküntü / rash (yeri / location):													
Göğüs ağrısı / chest pain (yeri-tipi/location-tipe)															
Ağrı Skalası (pain scale)				0 1 2 3 4 5 6 7 8 9 10											
				ağrı yok / no pain dayanılmaz ağrı / writhing agony											
Diğer / Other:															
Yaşam Bulguları (Vital Sign)															
Kan basıncı (blood pressure)		Nabız (pulse)		Oksijen Saturasyonu (oxygen saturation)		Ateş (body temperature)		Solunum Sayısı (respiration)							
90/60 mmHg		81 min.		95 %		37 °C		15 min.							
Sorumlu Pilot (Pilot in Command)				Ad soyad (name surname):				Kabin Amiri (Cabin Chief)				Ad soyad (name surname):			
				Sicil No (register no):								Sicil No (register no):			
				İmza (signature):								İmza (signature):			

List of Emergency Medical kit contents:

(b) The following should be included in the emergency medical kit:

(1) Equipment

- (i) sphygmomanometer — electronic recommended;
- (ii) stethoscope;
- (iii) syringes and needles;
- (iv) intravenous cannulae (a sufficient supply of intravenous cannulae should be available, subject to the amount of intravenous fluids carried on board);
- (v) tourniquet;
- (vi) disposable gloves;
- (vii) needle disposal box;
- (viii) one or more urinary catheter(s), appropriate for either sex, and anaesthetic gel;
- (ix) aspirator;
- (x) blood glucose testing equipment;
- (xi) scalpel;
- (xii) pulse oximeter; and
- (xiii) pneumothorax set.

*

- Sphygmomanometer (electronic preferred)
- Stethoscope
- Airways, oropharyngeal (appropriate range of sizes)
- Syringes (appropriate range of sizes)
- Needles (appropriate range of sizes)
- Intravenous catheters (appropriate range of sizes)
- System for delivering intravenous fluids
- Antiseptic wipes
- Venous tourniquet
- Sharp disposal box
- Gloves (disposable)
- Urinary catheter with sterile lubricating gel
- Sponge gauze
- Tape adhesive
- Surgical mask
- Emergency tracheal catheter
- Umbilical cord clamp
- Thermometer (non-mercury)
- Torch (flashlight) and batteries
- Bag-valve mask
- Basic life support cards



EASA

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*Aerospace Medical Association (AsMA), the International Academy of Aviation and Space Medicine (IAASM) and IATA

The contents of an aircraft universal precaution kit would typically include:

- Dry powder that can convert small liquid spill into a granulated gel
- Germicidal disinfectant for surface cleaning
- Skin wipes
- Face/eye mask (separate or combined)
- Gloves (disposable)
- Impermeable full length long sleeved gown that fastens at the back
- Large absorbent towel
- Pick-up scoop with scraper
- Bio-hazard disposal waste bag
- Instructions

- Persistent coughing
- Persistent diarrhea
- Persistent vomiting
- Impaired breathing
- Skin rash
- Bruising or bleeding without previous injury
- Confusion of recent onset

Medication

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- Epinephrine 1:1,000
- Antihistamine, injectable (inj.)
- Dextrose 50%, inj. 50 mL
- Nitroglycerin tablets or spray
- Anti-psychotic drug (e.g., haloperidol)
- Major analgesic, inj. or oral
- Sedative anticonvulsant, oral + inj./rectal
- Antiemetic, inj.
- Bronchial dilator inhaler
- Atropine, inj.
- Corticosteroid, inj.
- Diuretic, inj.
- Medication for postpartum bleeding
- Normal saline
- Acetylsalicylic acid for oral use
- Oral beta-blocker
- Epinephrine 1:10,000

EASA

EASA

EASA

EASA : i.e. glyceriltrinitrate

EASA

EASA

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EASA

EASA

EASA

EASA : i.e. sodium chloride 0.9%

EASA

EASA: Antibiotic inj., Antispasmodic



Medication

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Medication

No.	Min. Qty.	Quantities	Main active component	Group of indications
1	1 x 2ml amp.	1 x 2ml amp.	Tramadol 100mg	Analgesic
2	1 x 2 tab.	1 x 10 tab.	Paracetamol 500mg	Analgesic
3	1 x 2 eff. tab.	1 x 4 eff. tab.	Acetylsalicylic acid 400mg	Analgesic
4	1 x 1 ml amp	2 x 1 ml amp	Butylscopolaminiumbromide 20 mg	Spasmolytic
5	2 x 1 ml amp	2 x 1 ml amp	Atropinsulfat 0,5mg	Spasmolytic
6	1 x 5 ml amp	2 x 5 ml amp	Lidocain 2% (H2O free)	Antiarrhythmic
7	1 x 10 ml amp	1 x 10 ml amp	Urapidilhydrochloride 50mg	Anti-Hypertonic
8	5 x 1 ml amp	5 x 1 ml amp	Epinephrine 1 : 1000	Antihypotonic
9	1 x 2 tab.	1 x 10 tab.	Pindolol 5mg	Beta-receptor blocker
10	1 x 12 9ml spray	1 x 12 9ml spray	Glyceroltrinitrate 0,4mg	Coronary vasodilator
11	1 x 15 ml sol.	1 x 15 ml sol.	Etilefrinhydrochloride 7,5mg	Antihypotonic
12	1 x 10 ml aerosol	1 x 10 ml aerosol	Fenoterolhydrobromide 0,1mg	Antisthmatic
13	1 x 2ml amp	2 x 2ml amp	Clemastin-hydrogenfumarat 2mg	Antiallergic
14	1 x 2 tab.	1 x 10 tab.	Clemastin 1mg	Antiallergic
15	1 x 2ml amp	2 x 2ml amp	Metaclopramid 10mg	Antiemetic
16	2 x 1 drysub	2 x 1 drysub	Prednisolone 250mg	Corticoid
17	2 x 2ml amp	2 x 2ml amp	Promethazine 50mg	Neuroleptic
18	2 x 2ml amp	4 x 2ml amp	Furosemid sodium 20mg	Diuretic
19	1 x 5ml amp	2 x 5ml amp	Tranexamic acid 500mg/5ml	Gynecologic
20	1 x 10ml sol.	6 x 10ml sol.	Glucose 40%	Infusion solution
21	1 x 500ml sol	1 x 500ml sol	Natriumlactat solution for infusion	Infusion solution
22	1 x 50ml vial	1 x 50ml vial	Water for injections	Infusion solution
22a.	1 x 1 drysub.	1 x 1 drysub.	Cefotaxime 15ml/2g	Antibiotic
22b.	1 x 3 ml amp.	1 x 3 ml amp.	Midazolam 15mg/3ml	Sedative / Anticonvulsant

Medical kit 1

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No.	Min. Qty.	Quantities	Explanation
A	1 x 1 ea.	1 x 1 ea.	Using instructions for medicine in German/English + warning instructions
B	1 x 1 ea.	1 x 1 ea.	Incident Record Form
C	1 x 1 ea.	1 x 2 ea.	ACLS-Cards
D	1 x 1 ea.	1 x 1 ea.	Advanced life support instructions card (summarizing the current algorithm for ALS)
E	5 x 1 ea.	1 x 1 ea.	EMK Checklist
F	1 x 1 ea.	1 x 1 ea.	FAK/EMK/Supp. Kit Opening Form
G	10 x 1 ea.	0 x 1 ea.	Seal "yellow"
H	2 x 1 ea.	1 x 1 ea.	Seal "red"
I	3 x 1 ea.	1 x 1 ea.	Emergency physician protocol "Notarzteinsetzprotokoll" EPRO 4.2. (MIND2)
J	1 x 1 ea.	1 x 1 ea.	Conversion-Table for blood glucose test (mg/dL to mmol/L)

Aspiration / Suction

No.	Min. Qty.	Quantities	Explanation
23	1 x 1 ea.	1 x 1 ea.	Aspiration catheter, Ch. 14
24	1 x 1 ea.	1 x 1 ea.	Suction pump unit (suction device, pump, fluid container, 2 suction tips acc. to patient size, catheter adapter.)

Medical kit 2

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Infusion / Injection

No.	Min. Qty.	Quantities	Explanation
25	1 x 1 ea.	1 x 1 ea.	Syringe- Infusion-Injectionset
I	4 x 1 ea.	4 x 1 ea.	Disposable syringe, 2ml
II	2 x 1 ea.	2 x 1 ea.	Disposable syringe, 5ml
III	2 x 1 ea.	2 x 1 ea.	Disposable syringe, 10ml
IV	1 x 1 ea.	1 x 1 ea.	Infusionset
V	1 x 5 ea.	1 x 5 ea.	Disposable injection tube 20G. Gr. 1 (5 pieces)
VI	1 x 5 ea.	1 x 5 ea.	Disposable injection tube 24G. Gr. 17 (5 pieces)
VII	2 x 1 ea.	2 x 1 ea.	Venous catheter dressing material
VIII	2 x 1 ea.	2 x 1 ea.	Intravenous catheter with injection-valve 20G
IX	2 x 1 ea.	2 x 1 ea.	Intravenous catheter with injection-valve 18G
X	1 x 2 ea.	1 x 4 ea.	Combo plug red (x5)
25a	1 x 1 ea.	2 x 1 ea.	I.V. indwelling cannula with injection port, G14, disposable
25b	1 x 1 ea.	2 x 1 ea.	I.V. indwelling cannula with injection port, G22, disposable
25c	1 x 1 ea.	2 x 1 ea.	I.V. indwelling cannula with injection port, G24, disposable
25d	1 x 1 ea.	1 x 1 ea.	MAD (Intranasal Mucosal Atomization Device)
26	1 x 1 ea.	1 x 1 ea.	Tourniquet
27	1 x 1 ea.	1 x 1 ea.	Ampoule opener

Respiration / Intubation

No.	Min. Qty.	Quantities	Explanation
28	1 x 1 ea.	1 x 1 ea.	Resuscitator
29	1 x 1 ea.	1 x 1 ea.	Breathing mask adult (No. 5)
30	1 x 1 ea.	1 x 1 ea.	Breathing mask child / adolescent (No. 3)
31	1 x 1 ea.	1 x 1 ea.	Breathing mask infant (No. 1)
32	1 x 1 ea.	1 x 1 ea.	Mask (CPR, resuscitation aid, universal for 3 sizes)
33	1 x 3 ea.	1 x 3 ea.	Set of Orophangealtubs: 3 ea. tubes (No. 2, 3, 5)
34	1 x 1 ea.	1 x 1 ea.	Laryngeal tube (size 2,5 – body height 125 – 150cm)
35	1 x 1 ea.	1 x 1 ea.	Bite block for laryngeal tube size 2,5
36	1 x 1 ea.	1 x 1 ea.	Laryngeal tube (No. 3)
37	1 x 1 ea.	1 x 1 ea.	Laryngeal tube (No. 4)
38	1 x 1 ea.	1 x 1 ea.	Laryngeal tube (No. 5)
39	1 x 1 ea.	1 x 1 ea.	Bite block for Laryngeal tube size 3 to 5
40	1 x 1 ea.	1 x 1 ea.	Syringe for laryngeal tubes
41	1 x 1 ea.	1 x 1 ea.	Water-soluble lubricating jelly

Medical kit 3

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Diagnosis

No.	Min. Qty.	Quantities	Explanation
42	1 x 1 ea.	1 x 1 ea.	Blood pressure monitor (manually)
43	1 x 1 ea.	1 x 1 ea.	Stethoscope
44	1 x 1 ea.	1 x 1 ea.	Thermometer, digital (incl. 5 ea thermoeter covers)
45	1 x 1 ea.	1 x 1 ea.	Blood glucose monitor (Accu-Check-Aviva)
46	1 x 5 ea.	1 x 10 ea.	Test strips for blood glucose monitor (10 strips packing)
47	1 x 1 ea.	1 x 1 ea.	Diagnostic lamp

Suture Set

No.	Min. Qty.	Quantities	Explanation
48	1 x 1 ea.	1 x 1 ea.	Tweezers surgery
49	1 x 1 ea.	1 x 1 ea.	Scalpel fig. 11 disposable
50	1 x 1 ea.	1 x 1 ea.	Slit dressing 10 x 10cm
51	1 x 1 ea.	1 x 1 ea.	Surgical suture (trofilene blue monofilament 4-0, 45cm,; needle DS18)
52	1 x 1 ea.	1 x 2 ea.	Pean clamp, 16cm, straight (2 ea. packing)
53	1 x 1 ea.	1 x 1 ea.	Scissors
53a	1 x 1 ea.	1 x 1 ea.	Pneumothorax Access Set

Sundry Items

No.	Min. Qty.	Quantities	Explanation
54	1 x 2 ea.	1 x 2 ea.	Gloves large (1 pair), disposable
55	1 x 2 ea.	1 x 2 ea.	Gloves medium (1 pair), disposable
56	1 x 2 ea.	1 x 2 ea.	Face mask (surgical mask)
57	1 x 1 ea.	1 x 1 ea.	Adhesive tape, 1,25cm x 500cm (Leukosilk)
58	1 x 5 ea.	1 x 10 ea.	Cellulose swab 4cm x 5cm
59	1 x 5 ea.	1 x 10 ea.	Antiseptic swabs (10 ea. packing)
60	1 x 50 ml spray	1 x 50 ml spray	Antiseptic wound treatment, alcohol-free (Octenisept)
61	1 x 1 ea.	1 x 1 ea.	Urinary catheter, no. 12, disposable
62	1 x 1 ea.	1 x 1 ea.	Sharps disposable container
63	1 x 1 ea.	1 x 1 ea.	Permanent marker
64	2 x 1 ea.	2 x 1 ea.	Tie-raps, red (to seal/mark used kits)

26.1. First Aid Kit (FAK)



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26.2. Emergency Medical Kit (EMK)



26.2.1. Supplemental Kit (SUP-KIT)



Medication

No.	Min. Qty.	Quantities	Main active component	Group of indications
1	4 ea.	1 Pack	Paracetamol 500mg	Analgesic
2	4 ea.	1 Pack.	Clemastin 1mg	Antiallergic
3	4 ea.	1 Pack	Dimenhydrinat	Antiemetic
4	4 ea.	1 Pack	Loperamid	Antidiarrhoea
5	4 ea.	1 Pack	Algeldrat / Magnesiumhydroxid	Antacid
6	4 ea.	1 Pack	Neo Angin Lozenges	Sore throat
7	1 Pack (1 x 10ml)	2 Pack (2 x 10 ml)	Nasal spray Ratio E 10ml	Nasal decongestant
8	4 ea.	1 Pack	Berberil	Eye drop
9	4 ea.	1 Pack	Hydrotalcid 500mg	Anazidum
10	4 ea.	1 Pack	Fenistil	Antiallergic
11	4 ea.	1 Pack	Buscopan Dragees	Spasmplytic
12	1/4 Pack	1 Pack	Wound treatment (gel)	Wound treatment
13	4 ea.	1 Pack	Otriven	Nasal decongestant
13a	1 x 1 Pack	1 Pack	Actiomedic Eye care NaCl 0,9%	Eye Irrigator

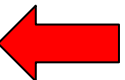
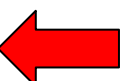
Legal aspects

Aeromed.

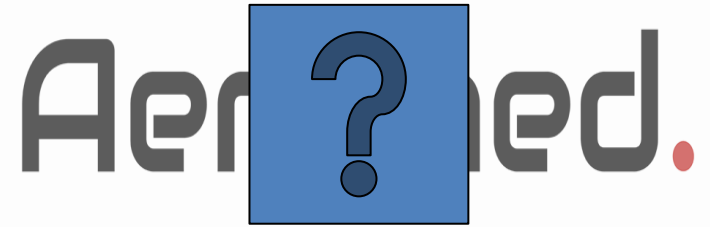
AMC3 CAT.IDE.A.225 Emergency medical kit

ED Decision 2021/005/R

ACCESS TO THE EMERGENCY MEDICAL KIT

- (a) When the actual situation on board so requires, the commander should limit access to the emergency medical kit.
- (b) Drugs should be administered by medical doctors, qualified nurses, paramedics or emergency medical technicians. 
- (c) Medical students, student paramedics, student emergency medical technicians or nurses aides should only administer drugs if no person mentioned in (b) is on board the flight and appropriate advice has been received.
- (d) Whenever allowed under the operator's national legislation, drugs may be administered by suitably trained persons, other than medical doctors.
- (e) Oral drugs should not be denied in medical emergency situations where no medically qualified persons are on board the flight. 

Legal aspects



- what is my liability if I assist an ill traveler?
- very limited info
- no individual physician has to date been sued for assisting an ill traveler, although a few airlines have been sued as a result of an in-flight medical event
- decline help? purposely harm?
- death on board?

Male, 33 YO, starts swelling,
can't breathe properly, his wife
reports peanut allergy?

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- **EPIPEN** (adrenaline, epinephrine)



Allergic reaction:

- Pale skin
- Difficulty in breathing/wheezing
- Swelling of lips, face, neck, tongue
- Difficulty in swallowing
- Rash
- Sudden drop in blood pressure