

Slučaj vrlo dugog trajanja pregleda

Mirko Karačić, dr.med.

HR.AME.04

HR.AeMC.01

A case of very long review duration

Mirko Karačić, MD

HR.AME.04

HR.AeMC.01

Inicijalni pregled za kategoriju 1

- Pregled je započeo u HR.AeMC.01 17.2.2022.
- Državljanin CG i RS, rođen 1995.
- Posjeduje dozvolu danskog nadležnog tijela CPL (A)
- Obavio inicijalni pregled u Beogradu, ali se ipak traži inicijalni pregled iz članice EU
- Diplomirao 2018. godine u Vršcu, Srbija
- Ima 300 sati leta

Initial examination – category 1

- Started examination 17.2.2022. - HR.AeMC.01
- Citizen of Montenegro and Serbia
- He has a license from the Danish Authority
CPL (A)
- Initial examination at Belgrade, but requested
initial examination at member of EU
- Graduated at 2018. Vršac, Serbia
- 300 hours of flight time

APPLICATION FORM FOR A MEDICAL CERTIFICATE

COMPLETE THIS PAGE FULLY AND IN BLOCK CAPITALS - REFER TO INSTRUCTIONS PAGES FOR DETAILS

Croatia

Medical in Confidence

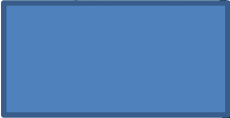
(1) State of licence issue: Denmark		(2) Class of medical certificate applied for: ☒ 1 ☐ 2 ☐ LAPL ☐ 3 ☐ Cabin Crew ☐ Others	
(3) Surname: [REDACTED]	(4) Previous surname(s):		(12) Application: ☒ Initial 1 ☐ Renewal/Revalidation
(5) Forename(s): [REDACTED]	(6) Date of birth: [REDACTED] 1995.	(7) Sex: ☒ Male ☐ Female	(13) Reference number: HR6978
(8) Place and country of birth: [REDACTED]	(9) Nationality: Montenegro		(14) Type of licence applied for: CPL(A) - Commercial Pilot Licence
(10) Permanent address: [REDACTED]	(11) Postal address (if different):		(15) Occupation (principal): Pilot
		Telephone No.:	(16) Employer: unemployed
(18) Licence(s) held (type): CPL(A) - Commercial Pilot Licence	Licence number: DK.FCL08569	State of issue: Denmark	(17) Last medical examination: n/a Date: n/a Place: n/a
(19) Any limitations on licence(s)/medical certificate held:			

	Yes	No		Yes	No		Yes	No		Yes	No
(101) Eye trouble/ eye operation	☐	☒	(112) Nose, throat or speech disorder	☐	☒	(123) Malaria or other tropical disease	☐	☒	Family history of:		
(102) Spectacles and/or contact lenses ever worn	☒	☐	(113) Head injury or concussion	☐	☒	(124) A positive HIV test	☐	☒	(170) Heart disease	☐	☒
(103) Spectacles/ contact lens prescriptions change since last medical exam.	☐	☒	(114) Frequent or severe headaches	☐	☒	(125) Sexually transmitted disease	☐	☒	(171) High blood pressure	☐	☒
(104) Hay fever, other allergy	☐	☒	(115) Dizziness or fainting spells	☐	☒	(126) Sleep disorder/apnoea syndrome	☐	☒	(172) High cholesterol level	☐	☒
(105) Asthma, lung disease	☐	☒	(116) Unconsciousness for any reason	☐	☒	(127) Musculoskeletal illness/impairment	☐	☒	(173) Epilepsy	☐	☒
(106) Heart or vascular trouble	☐	☒	(117) Neurological disorders: stroke, epilepsy, seizure, paralysis etc.	☐	☒	(128) Any other illness or injury	☐	☒	(174) Mental illness or suicide	☐	☒
(107) High or low blood pressure	☐	☒	(118) Psychological/psychiatric trouble of any sort	☐	☒	(129) Admission to hospital	☐	☒	(175) Diabetes	☐	☒
(108) Kidney stone or blood in urine	☐	☒	(119) Alcohol/drug/substance abuse	☐	☒	(130) Visit to medical practitioner since last medical examination	☐	☒	(176) Tuberculosis	☐	☒
(109) Diabetes, hormone disorder	☐	☒	(120) Attempted suicide or self-harm	☐	☒	(131) Refusal of life insurance	☐	☒	(177) Allergy/asthma/eczema	☐	☒
(110) Stomach, liver or intestinal trouble	☐	☒	(121) Motion sickness requiring medication	☐	☒	(132) Refusal of pilot/ATCO licence	☐	☒	(178) Inherited disorders	☐	☒
(111) Deafness, ear disorder	☐	☒	(122) Anaemia / Sickle cell trait/ other blood disorders	☐	☒	(133) Medical rejection from or for military service	☐	☒	(179) Glaucoma	☐	☒
						(134) Award of pension or compensation for injury or illness	☐	☒	Females only		
									(150) Gynaecological, menstrual problems	☐	☐
									(151) Are you pregnant?	☐	☐

(30) Remarks: If previously reported and no change since, so state.

(102) Spectacles and/or contact lenses ever worn - Since 2016. wearing glasses, dpt -2,50

my name in order to provide information required in MED.A.003(1)(4)(ii)(iii) and to the medical assessors of the competent authorities of the Member States in order to facilitate the enforcement of ARA.MED.150(c)(4).

17.02.2022.		 HR.AME.04	Examiner's Name and Address: Zavod za zrakoplovnu medicinu Mirko Karačić, dr. med. Avenija Gorka Šuška 6 10000 Zagreb	Phone: 01-3389-865 Fax: 01-3389-870 E-mail: zzm@mori.hr
Date	Signature of applicant	Signature of AME / medical assessor		

Pregled obavljen u dva dana

- Zbog slabijih vrijednosti na psihologijskim testovima koji su shvaćeni kao posljedica neposredno preboljele Covid-19 infekcije preporučeno je ponovno psihologijsko testiranje za mjesec dana
- Ostali medicinski nalazi u granicama normale
- Upućen na referral u Dansko nadležno tijelo

Medical and psychological examination performed in two days

- Due to the lower values on the psychological tests, which were understood as a consequence of the recent Covid-19 infection, it was recommended to repeat the psychological testing in a month.
- Other medical findings within normal limits
- Referred to the Danish Authority

Comprehensive Health Assessment 3 Months After Recovery From Acute Coronavirus Disease 2019 (COVID-19)

Bram van den Borst,^{1,2} Jeannette B. Peters,^{1,2} Monique Brink,³ Yvonne Schoon,⁴ Chantal P. Bleeker-Rovers,⁵ Henk Schers,⁶ Hieronymus W. H. van Hees,¹ Hanneke van Helvoort,¹ Mark van den Boogaard,⁷ Hans van der Hoeven,⁷ Monique H. Reijers,¹ Mathias Prokop,³ Jan Vercoulen,² and Michel van den Heuvel¹

¹Department of Pulmonary Diseases, Radboud University Medical Center, Nijmegen, The Netherlands, ²Department of Medical Psychology, Radboud University Medical Center, Nijmegen, The Netherlands, ³Department of Radiology, Nuclear Medicine and Anatomy, Radboud University Medical Center, Nijmegen, The Netherlands, ⁴Department of Geriatric Medicine, Radboud University Medical Center, Nijmegen, The Netherlands, ⁵Department of Internal Medicine and Radboud Center for Infectious Diseases, Radboud University Medical Center, Nijmegen, The Netherlands, ⁶Department of Primary Care Medicine, Radboud University Medical Center, Nijmegen, The Netherlands, and ⁷Department of Intensive Care, Radboud University Medical Center, Nijmegen, The Netherlands

Background. Long-term health sequelae of coronavirus disease 2019 (COVID-19) may be multiple but have thus far not been systematically studied.

Methods. All patients discharged after COVID-19 from the Radboud University Medical Center, Nijmegen, the Netherlands, were consecutively invited to a multidisciplinary outpatient facility. Also, nonadmitted patients with mild disease but with symptoms persisting >6 weeks could be referred by general practitioners. Patients underwent a standardized assessment including measurements of lung function, chest computed tomography (CT)/X-ray, 6-minute walking test, body composition, and questionnaires on mental, cognitive, health status, and quality of life (QoL).

Results. 124 patients (59 ± 14 years, 60% male) were included: 27 with mild, 51 with moderate, 26 with severe, and 20 with critical disease. Lung diffusion capacity was below the lower limit of normal in 42% of discharged patients. 99% of discharged patients had reduced ground-glass opacification on repeat CT imaging, and normal chest X-rays were found in 93% of patients with mild disease. Residual pulmonary parenchymal abnormalities were present in 91% of discharged patients and correlated with reduced lung diffusion capacity. Twenty-two percent had low exercise capacity, 19% low fat-free mass index, and problems in mental and/or cognitive function were found in 36% of patients. Health status was generally poor, particularly in the domains functional impairment (64%), fatigue (69%), and QoL (72%).

Conclusions. This comprehensive health assessment revealed severe problems in several health domains in a substantial number of ex-COVID-19 patients. Longer follow-up studies are warranted to elucidate natural trajectories and to find predictors of complicated long-term trajectories of recovery.

Keywords. COVID-19; fatigue; health status; multidisciplinary; post-acute; sequelae of COVID-19.



Review article

Physical and mental health complications post-COVID-19: Scoping review

Sanaz Shanbehzadeh^a, Mahnaz Tavahomi^{b,*}, Nasibeh Zanjari^c, Ismail Ebrahimi-Takamjani^b,
Somayeh Amiri-arimi^d

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^b Rehabilitation Research Center, Department of Physiotherapy, School of Rehabilitation Sciences, Iran University of Medical Sciences, Tehran, Iran

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ARTICLE INFO

Keywords:

Coronavirus

Follow up

Health

Post-discharge

Quality of life

ABSTRACT

Objective: Several long-lasting health complications have been reported in previous coronavirus infections. Therefore, the aim of this study was to review studies that evaluated physical and mental health problems post-COVID-19.

Methods: Articles for inclusion in this scoping review were identified by searching the PubMed, Scopus, Web of Science and Google Scholar databases for items dated from 1 January to 7 November 2020. Observational studies evaluating physical health (musculoskeletal symptoms, functional status) or mental health status with a follow-up period longer than 1 month after discharge or after the onset of symptoms were included.

Results: This scoping review included 34 studies with follow-up periods of up to 3 months post-COVID-19. The most commonly reported physical health problems were fatigue (range 28% to 87%), pain (myalgia 4.5% to 36%), arthralgia (6.0% to 27%), reduced physical capacity (six-minute walking test range 180 to 561 m), and declines in physical role functioning, usual care and daily activities (reduced in 15% to 54% of patients). Common mental health problems were anxiety (range 6.5% to 63%), depression (4% to 31%) and post-traumatic stress disorder (12.1% to 46.9%). Greater fatigue, pain, anxiety and depression were reported in female patients and individuals admitted to intensive care. An overall lower quality of life was seen up to 3 months post-COVID-19.

Conclusions: This review highlights the presence of several physical and mental health problems up to 3 months post-COVID-19. The findings point to the need for comprehensive evaluation and rehabilitation post-COVID-19 to promote quality of life.

PR.AeMC.01



Aviation Medical Commission of Croatia

Psihologijski izvještaj / Psychological report

MEDICINSKI POVJERLJIVO / Medical in confidence

Ime i prezime kandidata, datum rođenja <i>Applicants Name and Surname, Date of Birth</i>		
Ovime dozvoljavam ustupanje podataka u ovom izvještaju AME-u i medicinskom procjenitelju mojeg nadležnog tijela za dozvole u svrhu zrakoplovno-medicinske procjene. <i>I hereby authorise release of information contained in this report to AME and medical assessor of the licensing authority for the purpose of aero-medical assessment.</i>		Potpis kandidata / <i>Applicants Signature</i>
Upućen od AME/AeMC <i>Referred by AME/AeMC</i>	☒ Inicijalni / <i>Initial</i> ☐ Produljenje/Obnavljanje / <i>Revalidation/Renewal</i> ☐ Procjena / <i>Assessment</i>	☒ kategorija / <i>class 1</i> ☐ kategorija / <i>class 2 / LAPL</i> ☐ kategorija / <i>class 3</i>
Obiteljska anamneza <i>Family history</i>		
Osobna anamneza <i>Personal history</i>		
Graduate Pilot Academy, Vršac, Serbia in 2018 year. Total Flight hours 300 h		
Medicinska anamneza <i>Medical history</i>		
Covid-19 infection (06 - 13. Feb. 2022)		

Osobnost

Osobnost Personality		b. s.
Kognitivne sposobnosti Cognitive abilities	Opća inteligencija General Intelligence	below average
	Pažnja/koncentracija Attention/Concentration	below average
	Prostorno rasuđivanje Spatial Reasoning	below average
Psihomotorne sposobnosti Psychomotor skills		/
Upravljanje stresom Stress management		/

Psihodiagnostička sredstva Psychodiagnostics methods		D-70, TP-2, Pr
Postoje znakovi ili postoje utvrđeni dokazi da kandidat može imati psihijatrijski ili psihološki poremećaj. / There are signs or there is established evidence that the candidate may have a psychiatric or psychological disorder. Kandidata treba uputiti na mišljenje/savjetovanje / The candidate should be referred for an opinion / consultation: ☐ Psihijatar / Psychiatrist ☐ Psihoterapeut / Psychotherapist ☐ Drugo, navedi / Other, specify:		
Mišljenje/Savjet Opinion/Advice Condition after COVID-19 infection Recommendation for psychological test after one month.		
Datum Date	Psiholog-ime, prezime, potpis Psychologist-Name, Surname, Signature	
21.02.2022.	VIŠNJA LIVAJIĆ Višnja Livajić Pezer zrakoplovni psiholog Dopisnica broj 0042 V.L.	

Ime i prezime, datum rođenja / Name and surname, Date of Birth	
/ 1995.	
Razdoblje COVID pozitivnosti / The period of COVID positivity	
06.02.2022 - 16.02.2022.	
Simptomi / Symptoms	
☐ NE / No	
☒ DA / Yes – KOJI simptomi / WHICH symptoms:	
FEVER THREE DAYS TO 39°C , HEADACHE	
Hospitalizacija / Hospitalization	
☒ NE / No ☐ DA / Yes – Koliko dana / How many days	

Simptomi nakon Covid-19 / *Symptoms after Covid-19* ☒ NE / No

☐ DA / Yes – KOJI od navedenih / WHICH of the listed below:

☐ neuobičajeni umor / *unusual fatigue*

☐ kratak dah / *shortness of breath*

☐ dugotrajni kašalj / *prolonged cough*

☐ bolovi u zglobovima / *joint pain*

☐ bol u prsima / *chest pain*

☐ bol u mišićima / *muscle pain*

☐ teškoće s koncentracijom / *difficulty concentrating*

☐ nesanica / *insomnia*

☐ depresivnost / *depression*

☐ izražene glavobolje / *severe headaches*

☐ povremeno povišena temperatura bez drugih simptoma / *occasional fever without other symptoms*

☐ osjećaj ubrzanog rada srca / *a feeling of rapid heartbeat*

☐ osip na koži / *skin rash*

☐ gubitak okusa i mirisa / *loss of taste and smell*

☐ pojačano ispadanje kose / *increased hair loss*

Posjet post-COVID ambulanti / *Visit to the post-COVID clinic*

☒ NE / No ☐ DA / Yes

Cijepljenje / *Vaccination* ☒ NE / No ☐ DA / Yes – Kada / *When* _____ Vrsta cjepiva / *Type of vaccine* _____

Nuspojave / *Side effects* ☐ NE / No ☐ DA / Yes – KOJE / *WHICH*

AME procjena / AME assessment ☐ sposoban / fit ☒ potrebna evalvacija / evaluation needed: pulmologa -by pulmonologist ☐ Da/ Yes ☐ Ne/ No - kardiloga -by cardiologist ☐ Da/ Yes ☐ Ne/ No neurologa -by neurologist ☐ Da/ Yes ☐ Ne/ No - psihologa -by psychologist ☒ Da/ Yes ☐ Ne/ No drugo / other _____	
Napomena / Remark POOR RESULTS AT PSYCHOLOGICAL TEST, CONDITION AFTER COVID-19 INFECTION. RECOMMENDATION FOR RETEST AT LEAST AFTER ONE MONTH.	
Datum / Date 21/02/2022.	AME broj i potpis / AME number, signature 

AME/AeMC Assessment Referral Form (No. EAMAC 001_06_2019)

MED.A.050, ARA.MED.125 Reg. (EU) No. 1178/2011 and ATCO.MED.050, ATCO.AR.F.001
Reg. (EU) 2015/340 MED.B.001 in the current version

AME Name: MIRKO KARACIĆ	AME Number: HR.AME.04
Address, telephone and email: AVENIJA GOJKA ŠUŠKA 6 HR-10000 ZAGREB +385 1 3389 865 drmkaracic@gmail.com	Date: 21.02.2022.

Medical Certificate Ref. No.:	Licence No.: DK.FCL.08569	Licencing Authority
	Licence Type: CPL(A)	Referred to: DENMARK DR. JESPER RØDTNES
Applicant Name	Medical Class ☒ 1 ☐ 2 ☐ 3 ☐ LAPL	
Family name: [REDACTED]	☒ Initial / ☐ Revalidation / ☐ Renewal	
Forenames: [REDACTED]	☐ Interim Assessment	
Date of Birth: [REDACTED] 1995	Current Status: ☐ Fit ☐ Unfit	

Applicable Regulation and paragraph:	Summary of medical conditions and your opinion on aeromedical fitness / limitations:
Assessment Required (please tick one): ☐ Class 1/3 Fitness Assessment required by regulations, licensing authority guidance material. e.g. mandatory referral or adding/removing OML or other limitations. ☐ Class 2 where assessment must be made 'in-consultation' with the licensing authority or adding/removing limitations. ☒ Complex Class 1 or Class 2 following discussion with or at direction of licensing authority.	ACCORDING TO INSTRUCTIONS OF CROATIAN CIVIL AVIATION AGENCY, PSYCHOLOGICAL TESTING IS MANDATORY FOR INITIAL CLASS 1 EASA MEDICAL CERTIFICATE. I SUGGEST PSYCHOLOGICAL RETEST AFTER ONE MONTH PERIOD SO WE CAN EXCLUDE POOR RESULTS ARE DUE TO RECENT COVID-19 INFECTION.
Medical Reports (list clinician name and date): AS REQUIRED BY REGULATION IN ATTACHMENT	
Any other documents attached: PSYCHOLOGICAL REPORT, CDT TEST, DRUG TEST, CHEST X RAY	

Korespondencija sa Danskim nadležnim tijelom

Referral - n

Broj poruka: 3

Mirko Karačić <drmkaracic@gmail.com>

21. veljače 2022. u 12:54

Prima: "Dr. Jesper Rodtnes, MD" <jrod@tbst.dk>

Cc: ZMZ Zavod za zrakoplovnu medicinu <zzm@morh.hr>

Dear colleague,

I am sending this email as a competent authority. Montenegrin and Serbian citizen Mr [REDACTED] 1995. had an initial medical examination on 17. 1. 2022. for category 1.

I suggest psychological retest after a one month period so we can exclude poor results due to recent Covid-19 infection.

He is holder of danish CPL (A) DK.FCL.08569.

In the email attachment, I will provide you with all the medical documentation you have reviewed in our Aeromedical Center in Zagreb, Croatia.

I kindly ask you to confirm receiving this mail.

Regards,

Mirko Karačić, MD

HR.AME.04

HR.AeMC.01

HR.AeMC.01

Mirko Karačić <drmkaracic@gmail.com>

1. travnja 2022. u 09:54

Prima: "Dr. Marianne Nygssrd-Wulff" <info@trafikstyrelsen.dk>

Dear colleagues, a month and a half ago I sent an inquiry for a referral to which I did not receive an answer.

So I am sending you an inquiry again and asking for an answer.

Mirko Karačić, MD

HR.AME.04

HR.AeMC.01

ts Info <info@trafikstyrelsen.dk>
Prima: Mirko Karačić <drmkaracic@gmail.com>

11. travnja 2022. u 12:55

Dear Mirko Karacic,

Our medical assessor has still not reviewed the referral.

As he has a lot of cases to go through I can unfortunately not give you an exact time frame.

Best regards,

Tina B. Hansen

Administrative assistant

Trafikstyrelsen
Danish Civil Aviation and Railway Authority
[Carsten Niebuhrs Gade 43](#)
1577 København V
Tlf.: +45 7221 8800
www.trafikstyrelsen.dk

Mirko Karačić <drmkaracic@gmail.com>

6. lipnja 2022. u 10:09

Prima: "Dr. Marianne Nygssrd-Wulff" <info@trafikstyrelsen.dk>, "Dr. Jesper Rodtnes, MD" <jrod@tbst.dk>, "Dr. Marianne Nygssrd-Wulff" <mwuf@tbst.dk>

Dear colleagues,

I kindly ask you to respond to my referral sent on 21/2/2022 for Mr. 

On 11/4/2022 I was contacted by your administrative assistant who said that you have a lot of cases to deal with.

It has been more than three months since I sent you the referral.

Please give priority to that case.

Kind regards,

Mirko Karačić, MD

HR.AME.04

ts Info <info@trafikstyrelsen.dk>
Prima: Mirko Karačić <drmkaracic@gmail.com>

7. lipnja 2022. u 09:51

Dear Mirko,

The case is waiting for our medical assessor to review – and it is correct that we do have a heavy work load and only one medical assessor, so time is of the essence.

I have made a remark for her to look at the case, but I cannot give you a specific time frame.

Best regards,

Tina B. Hansen

Administrative assistant

Trafikstyrelsen
Danish Civil Aviation and Railway Authority
[Carsten Niebuhrs Gade 43](#)
1577 København V
Tlf.: +45 7221 8800
www.trafikstyrelsen.dk

Response to referral - [REDACTED]

Broj poruka: 4

Mirko Karačić <drmkaracic@gmail.com>
Prima: medical@trafikstyrelsen.dk

13. srpnja 2022. u 10:25

Dear colleagues,

I kindly ask you to respond to my referral sent on 21/2/2022 for Mr. [REDACTED]

Kind regards,

Mirko Karačić, MD

HR.AME.04

Autosvar:Response to referral -

1 poruka

Team Medical <Medical@tbst.dk>
Prima: Mirko Karačić <drmkaracic@gmail.com>

13. srpnja 2022. u 10:25

Tak for din henvendelse. Vi vender tilbage hurtigst muligt.

ts Info <info@trafikstyrelsen.dk>
Prima: Mirko Karačić <drmkaracic@gmail.com>

14. srpnja 2022. u 09:27

Dear Dr. Karacic,

Our medical assessor has mail an answer on June 23., 2022 to your mailing address; zzm@morh.hr.

Best regards,

Tina B. Hansen

Administrative assistant

Trafikstyrelsen
Danish Civil Aviation and Railway Authority
[Carsten Niebuhrs Gade 43](#)
1577 København V
Tlf.: +45 7221 8800
www.trafikstyrelsen.dk

Mirko Karačić <drmkaracic@gmail.com>
Prima: ts Info <info@trafikstyrelsen.dk>

14. srpnja 2022. u 10:20

Dear colleague,

Unfortunately, I did not receive an email at zzm@morh.hr dated on June 23.

<https://mail.google.com/mail/u/0/?ik=4258e36652&view=pt&search=all&permthid=thread-a%3Ar7356062527334255278&simpl=msg-a%3Ar7357...> 1/2

I double checked zzm@morh.hr inbox (HR.AeMC.01's official email address) this morning.

Could you please send me your decision again at your earliest convenience?

I will appreciate you to send it on the following email addresses:

drmkaracic@gmail.com
zzm@morh.hr

King regards,

Mirko Karačić, MD
HR.AME.04
HR.AeMC.01

From: Marianne Nygaard-Wulff <>
Sent: 23-06-2022 13:00:16 (UTC +02)
To: 'zzm@morh.hr' <zzm@morh.hr>
Subject: Reply - Assessment referrral case

Dear Dr. M. Karacic,

Please confirm that you have received the present e-mail.

Best regards

Marianne Nygaard-Wulff
Medical assessor

Trafikstyrelsen
Danish Civil Aviation and Railway Authority
Carsten Niebuhrs Gade 43
1577 København V

Tel.: + 45 4178 0247
Tel.: + 45 7221 8800
mwuf@trafikstyrelsen.dk
www.trafikstyrelsen.dk

Carsten Niebuhrs Gade 43

1577 København V

Telefon 7221 8800

Fax 7262 6790

info@trafikstyrelsen.dk

www.trafikstyrelsen.dk

Date: 23-06-2022

Case number: 2022-061110

Reply - Assessment referral

Dear Dr. Mirko Karacic, HR.AME.04

The Danish Civil Aviation and Railway Authority (DCARA) has received a referral-case regarding Mr [REDACTED] 95-xxxx cf. (EU) Regulation 1178/2011¹, appendix IV, MED.B.055 Mental Health

This is due to poor results at psychological test, condition after covid-19. Recommendation for retest at least after one month.

The DCARA requests a re-test including a comprehensive psychological evaluation.

MED.B.055 Mental Health Regulation (EU) 2019/27 a

(a) Comprehensive mental health assessment shall form part of the initial class 1 aero-medical examination.

AMC1 MED.B.055 Mental health

(a) Mental health assessment as part of the initial class 1 aero-medical examination

(1) A comprehensive mental health assessment should be conducted and recorded taking into account social, environmental and cultural contexts.

¹ Commission Regulation (EU) No 1178/2011 of 3 November 2011 laying down technical requirements and administrative procedures related to civil aviation aircrew pursuant to Regulation (EC) No 216/2008 of the European Parliament and of the Council Text with EEA relevance (hereafter referred to as (EU) Regulation 1178/2011)

1 (3)


Transportministeriet

(2) The applicant's history and symptoms of disorders that might pose a threat to flight safety should be identified and recorded.

(3) The mental health assessment should include assessment and documentation of: (i) general attitudes to mental health, including understanding possible indications of reduced mental health in themselves and others; (ii) coping strategies under periods of psychological stress or pressure in the past, including seeking advice from others; (iii) childhood behavioural problems; (iv) interpersonal and relationship issues; (v) current work and life stressors; and (vi) overt personality disorders.

(4) Where there are signs or is established evidence that an applicant may have a psychiatric or psychological disorder, the applicant should be referred for specialist opinion and advice.

(f) Specialist opinion and advice

(1) In case a specialist evaluation is needed, following the evaluation, the specialist should submit a written report to the AME, AeMC or medical assessor of the licensing authority as appropriate, detailing their opinion and recommendation.

(2) Psychiatric evaluations should be conducted by a qualified psychiatrist having adequate knowledge and experience in aviation medicine.

(3) The psychological opinion and advice should be based on a clinical psychological assessment conducted by a suitably qualified and accredited clinical psychologist with expertise and experience in aviation psychology.

(4) The psychological evaluation may include a collection of biographical data, the administration of aptitude as well as personality tests and clinical interview.

Please submit a copy of a comprehensive psychological test with reference to the present case number.

Danish Civil Aviation and Railway Authority

Carsten Niebuhrs Gade 43
1577 København V

Case number: 2022-061110

Tlf.: +45 7221 8800
www.trafikstyrelsen.dk

Korespondencija sa kandidatom

- Prisutna cijelo vrijeme trajanja pregleda

Correspondence with the candidate

- Present throughout the duration of the examination

Mirko Karačić <drmkaracic@gmail.com>

7. lipnja 2022. u 10:04

Prima: [REDACTED]

Poštovani [REDACTED]

Već treći put sam pisao nadležnom danskom tijelu da odgovore na referral.
Zaista nisam očekivao da će se to tako otegnuti i da ne možemo završiti pregled.

[REDACTED]

S poštovanjem,

Mirko Karačić, dr.med.
HR.AME.04

Ponovni pregled u AeMC

- Dogovoren ponovni pregled za 19.8.2022.
- Učinjeno ponovno psihologijsko ispitivanje
- Očekivao se uredan nalaz nakon oporavka od akutne Covid-19 infekcije, međutim ...

Re-examination at AeMC

- Agreed re-examination for 19.8.2022.
- Psychologically testing performed again
- An orderly finding was expected after recovery from acute Covid-19 infection, but...

Upućen od AME/AeMC Referred by AME/AeMC		☒ Inicijalni/Initial ☐ Produženje/Obnavljanje/Revalidation/Renewal ☐ Procjena/Assessment		☒ kategorija/class 1 ☐ kategorija/class 2 / LAPL ☐ kategorija/class 3	
MIRKO KARAČIĆ ✓					
Obiteljska anamneza Family history					
Osobna anamneza Personal history					
graduate Pilot Academy, Vrsac, Serbia in 2018 Total Flight hours 400h (Cessna 182)					
Medicinska anamneza Medical history					
normal adult personality					
Osobnost Personality					
Kognitivne sposobnosti Cognitive abilities	Opća inteligencija General Intelligence				
	Pažnja/koncentracija Attention/Concentration				
	Prostorno rasuđivanje Spatial Reasoning				
selective and divided attention below average					
spatial visualization below average					
Psihomotorne sposobnosti Psychomotor skills					
below average					
Upravljanje stresom Stress management					
-					
Psihodiagnostička sredstva Psychodiagnostics methods					
NEO-PR, CRD - Complex Reactionmeter Drenovac					
Postoje znakovi ili postoje utvrđeni dokazi da kandidat može imati psihijatrijski ili psihološki poremećaj. / There are signs or there is established evidence that the candidate may have a psychiatric or psychological disorder. Kandidata treba uputiti na mišljenje/savjetovanje / The candidate should be referred for an opinion / consultation:					
☒ Psihijatar/Psychiatrist ☐ Psihoterapeut/Psychotherapist ☐ Drugo, navedi/Other, specify:					
Mišljenje/Savjet Opinion/Advice					
Results of psychological evaluation are likely to interfere with the safe exercise of the pilot duties.					
My opinion is that candidate has not eligible for Class 1 requirements.					
Datum Date		Psiholog-ime, prezime, potpis Psychologist-Name, Surname, Signature			
13.08.2022		VISA LIVAČIĆ			

Ponovni pregledu u HR.AeMC.01

- Budući da psihologijski nalaz nije bio zadovoljavajući, upućen i na psihijatrijski pregled
- Psihijatrijski nalaz: uredan status, bez znakova patologije
- Nalaz preveden na engleski jezik od ovlaštenog sudskog tumača
- Upućen na ponovni referal u Dansko nadležno tijelo

Re-reviewed in HR.AeMC.01

- Since he did not satisfy the findings psychologically, the candidate was sent for a psychiatric examination
- Psychiatric findings: no signs of psychopathology, normal mental status
- Findings translated into English by an authorized court interpreter
- Directed for re-referral to the Danish Authority

POVIJEST BOLESTI

Datum: 19. kolovoz 2022. godine

Ime i prezime: [REDACTED] 1995.g.

Pregledu pristupa na adekvatan način. Uredno odgovara na postavljena pitanja. Inicijalno izbjegava uspostaviti kontakt očima te često gleda u pod. Negira psihijatrijski hereditet. Negira psihijatrijske bolesti ili odlazak psihijatru. Negira uzimanje lijekova. Negira konzumaciju psihoaktivnih tvari. Za vrijeme pregleda ne iznosi nikakve tegobe.

Psihički status: pri svijesti, urednog vanjskog izgleda, kontakt se lako uspostavlja i održava, govor logičan i svrhovit, orijentiran, psihomotorno miran, misaoni tijek formalno i sadržajno uredan, ne evidentiraju se direktni ili indirektni znakovi obmana osjetila, negira auto/heteroagresivna promišljanja i pulzije, očuvanih voljno-nagonskih dinamizama, eutimičan, moduliranog afekta, održane pažnje, kognitivne funkcije i inteligencija doimaju se u skladu s dobi i stupnjem obrazovanja, kritičan, suradljiv.

Dg: Nihil

Zaključak: bez znakova psihopatologije. **Uredan psihički status.**

Dr.med. Marinka Dobrila, spec. psihijatrije

Marinka Dobrila, dr. med.
spec. psihijatrije
183598

PATIENT HISTORY

Date: 19 August 2022

Name/family name: [REDACTED] 1995

Presents in an adequate manner on exam. Answers questions in an appropriate manner. Initially evades eye contact and often directs his gaze to the floor. Denies any psychiatric family history. Denies psychiatric disorders or visit to a psychiatrist. State that he is not on any medication and denies taking any psychoactive substances. Presents without any complaints.

Mental status: conscious, outward appearance normal, easily establishes and maintains communication, verbal communication logical and appropriate to the situation, oriented, psychomotor behavior normal, thought sequences normal as to structure and content, no evident direct or indirect signs of perception disorders, denies auto/heteroaggressive ideation and impulses, maintained voluntary-instinctive dynamisms, euthymic with modulated affect, maintained attention, cognitive functions and intelligence appear appropriate to age and education, discerning, cooperative.

Diagnosis: no diagnosis established (*Nihil*)

Conclusion: no signs of psychopathology. **Mental status normal.**

Marinka Dobrila, MD
Specialist in Psychiatry
(signed)

Stamp: Marinka Dobrila, MD
Psychiatrist
183598



Drago Horvat

CERTIFIED COURT INTERPRETER OF ENGLISH

Jordanovac 17, 10000 Zagreb, Croatia / Phone: 385 91 502 4756; E-mail: horvat.translations@gmail.com

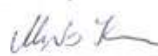
This translation contains
pages 1; sheets 3
Reference: OV-119/2022
Date: 19 August 2022

I, the undersigned certified court interpreter of the English language, appointed by the President of the Zagreb County Court, decision no: 4-Su-633/2022 of 10 June 2022, do hereby confirm that the above text is a true translation of the original written in the Croatian language.

OV-119/2022

Zagreb, 19 August 2022



From: MIRKO KARAČIĆ, MD, HR.AME.04 HR.AeMC.01 Avenija Gojka Šuška 6 HR-10000 ZAGREB drmkaracic@gmail.com , zzm@morh.hr	To Medical Assessor of Pilot Licensing Authority: Trafikstyrelsen - Danish Civil Aviation and Railway Authority Carsten Nieburhs Gade 43 1577 KOBENHAVN V medical@trafikstyrelsen.dk
Applicant name and surname: [REDACTED]	
Applicant Date of Birth: [REDACTED] 1995.	
Medical certificate class: ☒ 1 ☐ 2 ☐ LAPL	
Examination/Assessment: ☒ Initial ☐ Revalidation ☐ Renewal ☐ Decrease in medical fitness	
Assessment status: ☐ FIT ☐ UNFIT	
Remark: The candidate was examined at 21.2.2022. Due to poor results of psychological testing and having recently recovered from Covid-19 he was sent to referral. The response to the referral was received at 26.7.2022. The candidate came for a re-examination and psychological testing at 19.8.2022. He continues to score poorly on psychological testing. For this reason, psychiatric examination was performed. I am asking for an opinion for the final assessment.	
Place and Date ZAGREB, 22.08.2022.	AeMC / AME Name, Stamp HR.AeMC.01, HR.AME.04 MIRKO KARAČIĆ, MD.  

Korespondencija sa Danskim nadležnim tijelom

Mirko Karačić <drmkaracic@gmail.com>
Prima: Denmark Medical Assessors <medical@trafikstyrelsen.dk>

22. kolovoza 2022. u 15:41

Dear colleague,

I am sending this email as a competent authority. Montenegrin and Serbian citizen Mr [REDACTED] 1995. had an initial medical examination on 17. 1. 2022. for category 1.

After the referral, he came for psychological testin again on August, 19, 2022. At that time, a psychiatric examnation and medical examination were performed.

The results of psychological testing and psychiatric examination were oposed, so I am sending it again for referral.

He is holder of danish CPL (A) DK.FCL.08569.

In the email attachment, I will provide you relevant medical documentation you have reviewed in our Aeromedical Center in Zagreb, Croatia.

If you need details about psychological testing, you can contact our psychologist by email: vlivajic@gmail.com and visnja.livajic-pezer@morh.hr .

I kindly ask you to confirm receiving this mail.

Regards,

Mirko Karačić, MD
HR.AME.04
HR.AeMC.01

HR.AeMC.01

ts Info <info@trafikstyrelsen.dk>
Prima: Mirko Karačić <drmkaracic@gmail.com>

23. kolovoza 2022. u 11:23

Dear Mirko Karačić, MD

We hereby confirm that we have received your mail regarding 150995-I631 

Venlig hilsen/Best regards

Lene Harstø
Kontorfunktionær/Administrative assistant

Trafikstyrelsen/Danish Civil Aviation and Railway Authority

[Carsten Niebuhrs Gade 43](#)

1577 København V

Tlf.: +45 7221 8800

www.trafikstyrelsen.dk

5. rujna 2022. u 12:41

Prima: Mirko Karačić <drmkaracic@gmail.com>

Poštovani dr. Mirko

Javljam se povodom izvjestaja o mom pregledu. Nadam se da ste primili svu dokumentaciju potrebnu za slanje u Dansko nadležno tijelo.

Da li imamo neki odgovor za sada od Danskog nadležnog tjela?

S poštovanjem,

Mirko Karačić <drmkaracic@gmail.com>

5. rujna 2022. u 15:43

Prima

Poštovani

Nakon vašeg pregleda u petak, od ovlaštenog sudskog tumača za engleski jezik sam u subotu dobio prijevod nalaza.. U ponedjeljak sam putem emaila poslao svu dokumentaciju za referral u dansko nadležno tijelo i nakon posla sam kod sudskog tumača preuzeo original prijevoda te ga idućeg dana spremio sa ostalom medicinskom dokumentacijom u ZZM.

Za sada još nisam dobio odgovor iz Danske.

Čim ga dobijem javit ću vam.

S poštovanjem,

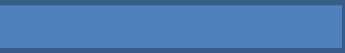
Mirko Karačić, dr.med.
HR:AME.04

Mirko Karačić <drmkaracic@gmail.com>
Prima: Denmark Medical Assessors <medical@trafikstyrelsen.dk>

11. listopada 2022. u 12:17

Dear colleagues,

I kindly ask you to respond to my second referral sent on 22/8/2022 for Mr.



Kind regards,

Mirko Karačić, MD
HR.AME.04

ts Info <info@trafikstyrelsen.dk>
Prima: Mirko Karačić <drmkaracic@gmail.com>

14. listopada 2022. u 09:44

Dear Mirko Karacic,

I have made a note on the case for our medical assessor, but I cannot give you a time frame as he manages his own workflow.

Best regards,

Tina B. Hansen
Administrative assistant

Trafikstyrelsen
Danish Civil Aviation and Railway Authority
[Carsten Niebuhrs Gade 43](#)
1577 København V
Tlf.: +45 7221 8800
www.trafikstyrelsen.dk

HR.AeMC.01

Mirko Karačić <drmkaracic@gmail.com>

11. studenoga 2022. u 11:42

Prima: Denmark Medical Assessors <medical@trafikstyrelsen.dk>

Dear colleagues,

I kindly ask you to respond to my second referral sent on 22.8.2022. for mr. [REDACTED]
The candidate calls me again with the question of whether the answer came from Denmark.

Kind regards,

Mirko Karačić, MD
HR.AME.04

ts Info <info@trafikstyrelsen.dk>
Prima: Mirko Karačić <drmkaracic@gmail.com>

17. studenoga 2022. u 14:31

Dear AME Mirko Karačić, MD,

We have received your mail in which you ask for a status regarding Referred/initial af Class1 for 150995-I631 

The case is still awaiting our medical assessor to review, and as there is only one medical assessor at the moment, the case processing time is longer than usual

We have made a note on the case for our medical assessor, but we cannot give you a time frame as he manages his own workflow

Venlig hilsen/Best regards

Lene Harstø
Kontorfunktionær/Administrative assistant

Trafikstyrelsen/Danish Civil Aviation and Railway Authority
[Carsten Niebuhrs Gade 43](#)
1577 København V

HR.AeMC.01

Pitanja? Odgovori?

- Zašto ovaj pregled tako dugo traje?
- Postoji li propust kod AME-a, nadležnog tijela ili u propisima?
- ??
- ???

Questions? Answers?

- Why is this review taking so long?
- Is there an omission by the AME, the competent authority or in the regulations?
- ??
- ???